



Spring 2021 Softball Skills Clinic

<http://www.svgirlssoftball.com>

The Seneca Valley Softball Boosters is partnering with CTAA and SVNAA to host a Fastpitch conditioning and skills clinic. **This optional clinic is open for all girls 2nd thru 7th grade (8U, 10U and 12U players).** Each session is run by members of the Seneca Valley Varsity/JV coaching staff and the Varsity/JV team. With the ongoing pandemic, we are changing the clinic format this year. The clinic will be two consecutive weeks with a 1:30hr session each week, held outdoors. Girls will be divided into age-appropriate groups at the clinic.

What: Seneca Valley Softball Boosters Conditioning and Skills Clinic

Ages: 2nd thru 7th grade (8U, 10U, 12U)

When: Two Saturdays – Apr 10, Apr 17 of 2021 (makeup day Apr 24)

Time: All girls 11:00-12:30pm

Where: Seneca Valley High School Softball Field (turf) – lower lot adjacent to SV football field

Cost: \$30, registers you for both sessions

Masks will be required and all social distancing guidelines will be followed where possible.

Skills and Drills: Batting (T, soft toss, front toss, pitching machine), Agility (ladder, hurdles), Fielding (ground balls, fly balls), Throwing, Running (steals, leadoffs).

To register (deadline April 7):

SPACE IS LIMITED to 50 girls per session. Register now! With the outdoor field and adjacent grounds, plenty of room for social distancing and keeping girls safe in small groups. We have been doing this clinic since 2015 with 40-50 participants every year, so a proven successful program. Any schedule updates and changes will be communicated through email. Registration will be taken first come, first serve by registering through this link:

Registration Link: <https://forms.gle/WwaJuSX1XJ5ozhRB6>

What to bring:

Registration payment will be accepted at the first session. Pay with cash or check made payable to: "SV Softball Boosters". Girls should bring mask, bat, glove and helmet (we will not be providing helmets). Athletic shoes or plastic cleats are allowed on the turf field.

SV Softball merchandise:

Boosters are selling t-shirts and hoodies again this year. They are pre-order. If you are interested (this is optional), place your order using this link. Orders must be received before clinic start in order to distribute merchandise at the April 17 session – DEADLINE to order, Wed., March 31.

Apparel Order Form: <https://forms.gle/7YpV13TkPvBkFyKr5>

Any additional questions may be directed to Les Aloï, SV Softball Booster Vice President (lester.aloi@yahoo.com).